

-2023-

## NOVEMBER



## THURSDAY

2

## FRIDAY



TUESDAY

1. Egg, Cheese,
Sausage Tortilla Wrap
2. Cold Breakfast
Assortment (Pick 2)
Fresh Fruit
Assorted Fruit Juice
Assorted Milk

1. Pancakes
w/Sausage
2. Assorted Breakfast
Assortment (Pick 2)
Fresh Fruit
Assorted Fruit Juice
Assorted Milk

1. Scrambled Eggs w/Hash Brown 2. Assorted Breakfast Assortment ( Pick 2) Fresh Fruit Assorted Fruit Juice Assorted Milk

## High School BREAKFAST

Cold Breakfast
Assortment (Pick 2)
Applesauce
Assorted Fruit Juice
Assorted Milk

MONDAY

1. Waffle Sticks w/Sausage 2. Cold Breakfast Assortment (Pick 2) Applesauce Assorted Fruit Juice Assorted Milk 1. Breakfast Pizza
2. Cold Breakfast
Assortment (Pick 2)
Applesauce
Assorted Fruit Juice
Assorted Milk

 French Toast Sticks w/Sausage
 Cold Breakfast
 Assortment (Pick 2) Applesauce
 Assorted Fruit Juice Assorted Milk

1.Ham, Egg, & Cheese Croissant 2. Cold Breakfast Assortment (Pick 2) Assorted Fruit Juice Assorted Milk

In order to be recognized as a full meal, students must choose 3 of the 4 items offered daily. Students may only choose 1 entrée and 2 or 3 of the remaining offerings. Daily milk choices are 1% White, Fat Free Chocolate, and skim.

Cold Breakfast
Assortment (Pick 2)
Fresh Fruit
Assorted Fruit Juice
Assorted Milk

1. Breakfast Pizza
w/Bacon & Egg
2. Cold Breakfast
Assortment (Pick 2)
Fresh Fruit
Assorted Fruit Juice
Assorted Milk

1. Egg, Cheese,
Sausage Tortilla Wrap
2. Cold Breakfast
Assortment (Pick 2)
Fresh Fruit
Assorted Fruit Juice
Assorted Milk

1. Pancakes
w/Sausage
2. Assorted Breakfast
Assortment (Pick 2)
Fresh Fruit
Assorted Fruit Juice
Assorted Milk

In-Service No School



Cold Breakfast Assortment (Pick 2) Applesauce Assorted Fruit Juice Assorted Milk 21
1. Waffle Sticks
w/Sausage
2. Cold Breakfast
Assortment (Pick 2)
Applesauce
Assorted Fruit Juice
Assorted Milk

28

2. Cold Breakfast Pizza
2. Cold Breakfast
Assortment (Pick 2)
Applesauce
Assorted Fruit Juice
Assorted Milk

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Thanksgiving Vacation
No School

27

13

20

Thanksgiving Vacation
No School

Cold Breakfast Assortment (Pick 2) Fresh Fruit Assorted Fruit Juice Assorted Milk 1. Egg, Cheese,
Sausage Tortilla Wrap
2. Cold Breakfast
Assortment (Pick 2)
Fresh Fruit
Assorted Fruit Juice
Assorted Milk

1. Pancakes
w/Sausage
2. Assorted Breakfast
Assortment (Pick 2)
Fresh Fruit
Assorted Fruit Juice

Assorted Milk



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